

Enlivened Precincts

Exercise Trails Close to Homes

Residents can look forward to new fitness equipment targeting various fitness and health components within their neighbourhoods, to encourage everyone regardless of age and abilities to lead an active and healthy lifestyle.

What Queenstown residents want



Share your feedback with us using the QR code!



Proposed Active Health Fitness Trail at Mei Ling

Bringing concepts of sport and exercise science to the community, the Active Health Fitness Trail will feature an exercise path that links up various fitness corners within a precinct to encourage citizens to perform muscle strengthening, balance and mobility exercises to stay active. Totem posts with behavioural nudges will also be introduced. The trail will pilot in Mei Ling precinct and will be introduced in other estates progressively from 2025 onwards.



Proposed fitness corner along Active Health Fitness Trail.

Active Lifestyle for All Ages

Neighbourhood Renewal Programme (NRP)

Existing precincts will be rejuvenated with new exercise facilities under the Neighbourhood Renewal Programme (NRP), estimated completion from end 2025 onwards.



Mei Ling Street

New activity plaza with playground and fitness stations at Mei Ling St to promote inter-generation bonding and physical well-being.



Holland Close

New adult fitness station to encourage active lifestyle.



Clarence Lane

New community garden with information bites to promote mental wellness and social interactions.



現有各個住宅區均有設置更多戶外康樂設施，以提供各年齡段居民康樂及促進社區交流。我們正研究如何進一步改善現有設施，以提供更具吸引力的康樂設施。此舉旨在提升居民的生活質素。

Prinsip yang sedia ada akan dikekalkan dengan tambahan kemudahan baharu di bawah Program Pemuliharaan Komuniti untuk meningkatkan produktiviti dan kemuraan pergaulan antar-generasi. Kami sedang mengkaji bagaimana meningkatkan fasiliti yang sedia ada untuk meningkatkan kualiti hidup penduduk. Langkah ini bertujuan untuk meningkatkan kualiti hidup penduduk. Langkah ini bertujuan untuk meningkatkan kualiti hidup penduduk.

අදාළ ප්‍රදේශවලට පවතින සියලුම පහසුකම් පවත්වා ගනු ලැබීම සහ නව පහසුකම් එක් කිරීම මගින් පවත්වා ගත හැකි පරිදි ප්‍රජාවන් අතර සාමාන්‍ය ජීවිතයක් ගොඩනගා ගැනීමට අපට ඉඩ ඇත. අප විසින් පවත්වා ගත හැකි පරිදි ප්‍රජාවන් අතර සාමාන්‍ය ජීවිතයක් ගොඩනගා ගැනීමට අපට ඉඩ ඇත. අප විසින් පවත්වා ගත හැකි පරිදි ප්‍රජාවන් අතර සාමාන්‍ය ජීවිතයක් ගොඩනගා ගැනීමට අපට ඉඩ ඇත.

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